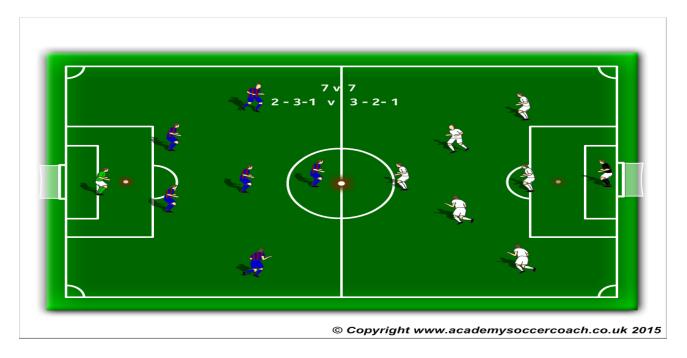
## A basic guide to team formations -

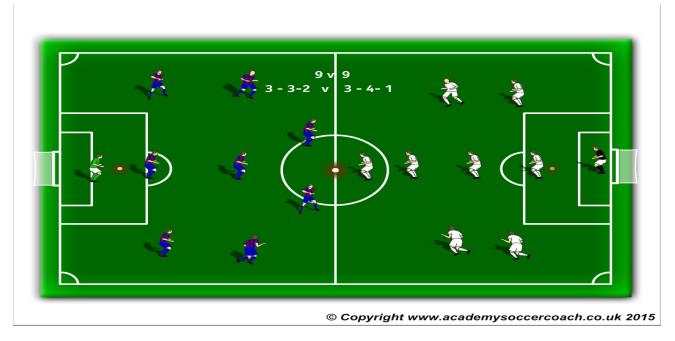
Parents, to help you get a better understanding of the tactical approach to the game, and therefore reinforce some of the coaching points we make, here is a basic guide to the formations that our teams play at each age group.

Depending on the teams we play, and external factors, such as weather, field size, and number of subs, coaches look to play what strengths they have in the team.

## **U8-10 - 7V7 - Formations - 2-3-1 & 3-2-1**



## U11-12 - 9V9 - Formations - 3-3-2 & 3-4-1



## **U13+ - 11V11 - Formations - 4-4-2 & 4-2-3-1**



**U13+ - 11V11 - Formations - 4-3-3 & 3-5-2** 

